

Children and Young People's Mental Health Early Intervention Service SURVEY

NHS North East Essex is part of your local NHS which “buys” health services for local people. We are the commissioners for Colchester and Tendring.

At the moment we have three contracts that expire in March 2018. We are looking to turn these into a single service. We are asking parents/guardians/carers as well as services users what they think.

This survey is to help us understand what works and what doesn't. Also, it will be a chance to understand what can be improved and how we can measure how well future services meet patients' needs.

These services are:




- *Eating disorder service for young people* - The purpose of this service is for people with eating and body image difficulties to be given an assessment and weekly 1:1 therapy
- *Talking therapies service* – This includes mental and emotional offered to younger people requiring support. This may include different types of care such as 1:1 sessions
- *Informal advocacy service* - This provides assistance required by children and young people who need additional advice to help navigate solutions that may help resolve their problems

What you tell us will not be shared in any way that identifies you, and we do not need to know your name.

You can send this back to us by post or e-mail by **Wednesday 16th August**.

Post	E-mail
FREEPOST RTUH-EUHB-SYRU North East Essex CCG CYPIES Review Aspen House Colchester, Essex, CO4 9QR	NEECCG.enquiries@nhs.net Please add “CYPIES Review” in Subject box

Q1: Do you or somebody you look after or support use any of these services?	YES	NO

Q2: What is your experience of the service as a parent/guardian/carer?	 Good	 OK	 Bad

Q3: What were the best things about the service?

Q4: What things were not so good or could be better?

Q5: What would be the best way these services could be changed or improved?

Q6: Is there anything else you would like to tell us?